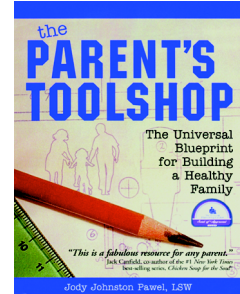


T.I.P.S. *Tools for Improving Parenting Skills* (for Parents of Children ages 1-18)

Sponsored by Kettering Behavioral Medicine Center

Read . . . Discuss . . . Do Fun Interactive Activities . . . Practice Skills
Get Support from Other Parents &
Personalized Advice from a Nationally-Recognized Parenting Expert



YOU WILL DISCOVER HOW TO . . .

- ✓ **Reach Your Long-Term Parenting Goals** by using a Balanced parenting style.
- ✓ **Effectively Respond to Any Parenting Challenge** by learning a simple problem-solving formula.
- ✓ **Nurture Self-Esteem, not Self-Centeredness**, while boosting children's resistance to peer pressure.
- ✓ **Get Cooperation the First Time You Ask** — without power struggles, bribes, tantrums or sass.
- ✓ **Teach Children How to Solve Their *Own* Problems** — independently & responsibly.
- ✓ **Keep Your Cool and Help Children Calm Down** with individualized stress/anger plans.
- ✓ **Correct Children With as Little as One Word** — without lectures, threats, guilt or blame.
- ✓ **Understand *Why* Children Misbehave – and What to Do About It** by asking 2 simple questions.
- ✓ **Develop *Self-Disciplined* Children** by following the “Four R’s” of effective discipline.
- ✓ **Build Strong Family Bonds** by involving children/teens in “family councils” that teach life skills.
- ✓ **Parent as a Team** so you and your parenting partners agree more often and are consistent.

When: 6 Mondays, April 12 through May 17, 2010 - 6:00 to 9:00 p.m.

Where: Kettering Medical Center
3535 Southern Boulevard, Kettering OH 45429
(directions at <http://www.parentstoolshop.com/HTML/TIPSDirections.htm>)

Cost: \$270 for Individuals/ \$405 for spouses or parenting partners who attend as a Couple

Discount: 30% for CEU Participants and Groups of 3 or more

Register on-line at <http://www.parentstoolshop.com/register> or by phone: 937-748-4541

Up to 18 CEUs for OH Social Workers, Counselors, MFTs, foster parents

This class is for parents only; child care is not available.

Instructor: Jody Johnston Pawel, LSW, CFLE is a second-generation parent educator and president of Parent's Toolshop® Consulting. She is the author of 100+ resources for parents and family life professionals, including her award-winning book, *The Parent's Toolshop*. (See them at www.ParentsToolshop.com.) For over 25 years, Jody has trained parents and professionals through her dynamic presentations. As an internationally recognized parenting expert, publications like *Parents* magazine and radio/TV talk shows regularly quote her advice. Jody served as the online parenting expert for the Dayton Daily News' "937moms" website and currently serves on the Advisory Board of the National Effective Parenting Initiative.

[Research-Based Techniques, Tips, and Training You Can Trust](#)

Parents Toolshop® is the culmination of decades of research, outcome evaluation testing, and real-world success. The program underwent 10 years of extensive outcome evaluation tests involving over 3000 parents and professionals from diverse backgrounds.

- In participant evaluations, 83% rated the program “excellent,” 100% rated it “good” or “excellent.” 96% said they learned new information and **100% said they would recommend the program to others.**
- Of the parents who had custody of their children, 100% said they successfully used the skills with their children and 92% said they had used the skills with other children, or to improve adult relationships/

Nearly 1300 parents participated in an eight-week parenting class in the Dayton (Ohio) area. Almost 1000 of these parents completed an outcome-focused pre/post class parenting skill assessment to evaluate their knowledge and mastery of the 11 skill areas. Here are the results:

- Nearly 825 parents successfully graduated from the parenting class (83% graduation rate).
- Almost 100% (99.6%) showed improvement in their parenting skills.
- On a scale of 11 points, the average improvement in skills was 2.4 points, from below the midrange (5.41) to the “more skillful” range (7.81). Nearly 20% scored in the highest skill range!

[Testimonials](#)

“I have done a lot of reading and research to be an effective parent and The Parents Toolshop® is the most comprehensive, clearly communicated and exciting format that I have come across. I see the success of this information when I am in public with my children and adults compliment me on how well behaved my children are. I’ve even had strangers come up to me on the playground and ask, ‘Where did you learn to talk to your kids like that?’ I love referring parents to this class.” – *Carolyn McDermott, Past President, The Family Network*

“I can’t thank you enough. You have absolutely changed my life. Not only have I learned more effective parenting skills, but my entire style of parenting has changed! I am so much more calm, confident, and consistent.” – *Amy Reed*

“This class has helped me regain control over myself. I have learned so much and it has benefitted my family. I have watched all of us grow and become closer. The stress of parenting is gone. I enjoy being a mother again. I feel we are a healthy family, which makes us a happy family. Thank you so much for teaching me such important skills. It has been positive learning experience for my family and me.” – *Janine Kinnison*

“By far the best course I have taken! The skill I have learned apply to multiple relationships. I am a “boss” and I have already used it with my team. I looked forward to class every week and I am sorry to see it end. Thank you for passing on your knowledge and for your passion on this topic... Great job!” – *Tina Le Gris*

“*The Parents Toolshop* is unique and different than other parenting programs because it presents a comprehensive plan. It doesn’t tell me just what to do, but how to do it and in context with everything else. **Applying the tools from just the first week had positive results!** I am now responding instead of reacting. My son has noticed a difference — I am calmer, don’t yell as much and we come to a solution to problems more quickly, with less friction and everyone is happier.” – *Phil Jones*

REGISTER TODAY. Seating is limited.

On-line at: <http://www.parentstoolshop.com/register>

Mail/fax form: <http://www.parentstoolshop.com/HTML/TIPSRegister.pdf>

Call Parents Toolshop® Consulting at 937-748-4541