

T.I.P.S.: Tools for Improving Parenting Success (for Parents of children ages 1-18)

Sponsored by Kettering Behavioral Medicine Center, Dayton Mothers of Twins Club
& The MOMs Group of Oakwood



Read . . . Discuss . . . Do Fun Interactive Activities . . . Practice Skills
Get Support from Other Parents &
Personalized Advice from a Nationally-Recognized Parenting Expert

YOU WILL DISCOVER HOW TO . . .

- ✓ **Reach Your Long-Term Parenting Goals** by using a Balanced parenting style.
- ✓ **Effectively Respond to Any Parenting Challenge** by learning a simple problem-solving formula.
- ✓ **Nurture Self-Esteem, not Self-Centeredness**, while boosting children's resistance to peer pressure.
- ✓ **Get Cooperation the First Time You Ask** — without power struggles, bribes, tantrums or sass.
- ✓ **Teach Children How to Solve Their *Own* Problems** — independently & responsibly.
- ✓ **Keep Your Cool and Help Children Calm Down** with individualized stress/anger plans.
- ✓ **Correct Children With as Little as One Word** — without lectures, threats, guilt or blame.
- ✓ **Understand *Why* Children Misbehave – and What to Do About It** by asking 2 simple questions.
- ✓ **Develop *Self-Disciplined* Children** by following the “Four R’s” of effective discipline.
- ✓ **Build Strong Family Bonds** by involving children/teens in “family councils” that teach life skills.
- ✓ **Parent as a Team** so you and your parenting partners agree more often and are consistent.

When: 6 Tuesdays, September 27- November 1, 2011 from 6:00 to 9:00 p.m.

Where: Kettering Behavioral Medicine Center, 5348 Lamme Rd, Dayton OH 45439

Cost: \$270 Individuals / \$405 Couples (discounts available for sponsor members and grads)
+ *The Parents Toolshop* book (couples may share): \$19.95 e-book / \$29.95 print

CEUs: Up to 18 CEUs for CFLEs and OH Social Workers, Counselors, MFTs and Foster Parents.

Register by September 20, 2011: online at <http://register.parentstoolshop.com> or call 937-748-4541

Pre-registration is required - Class size limit is 30.

Register early to ensure the best chance of making it into this session.

Registration overflow will receive first seats at Winter class. Dates/times TBD.

This class is for adults only; child care is not available.

Please note: Sessions may be audio or videotaped ; participants can remain off-camera if desired.

Instructor: Jody Johnston Pawel, LSW, CFLE is a second-generation parent educator and president of Parent's Toolshop® Consulting. She is the author of 100+ resources for parents and family life professionals, including her award-winning book, *The Parent's Toolshop*. (See them at www.ParentsToolshop.com.) For over 30 years, Jody has trained parents and professionals through her dynamic presentations. As an internationally-recognized parenting expert, publications like *Parents* magazine and radio/TV talk shows regularly quote her advice.

[Research-Based Techniques, Tips, and Training You Can Trust](#)

Parents Toolshop® is the culmination of decades of research, outcome evaluation testing, and real-world success. The program underwent 10 years of extensive outcome evaluation tests involving over 3000 parents and professionals from diverse backgrounds.

- In participant evaluations, 83% rated the program “excellent,” 100% rated it “good” or “excellent.” 96% said they learned new information and **100% said they would recommend the program to others**
- Of the parents who had custody of their children, 100% said they successfully used the skills with their children and 92% said they had used the skills with other children, or to improve adult relationships

Nearly 1300 parents participated in an eight-week parenting class in the Dayton (Ohio) area. Almost 1000 of these parents completed an outcome-focused pre/post class parenting skill assessment to evaluate their knowledge and mastery of the 11 skill areas. Here are the results:

- Nearly 825 parents successfully graduated from the parenting class (83% graduation rate)
- Almost 100% (99.6%) showed improvement in their parenting skills
- On a scale of 11 points, the average improvement in skills was 2.4 points, from below the midrange (5.41) to the “more skillful” range (7.81). Nearly 20% scored in the highest skill range!

[Testimonials](#)

“Upon graduation, I feel like I am equipped with lifetime skills that are relevant to all relationships, but that will especially foster respect and cooperation between my children and me. I know I’ll refer back to my TIPS book as an invaluable resource over the years. Thank you for offering and teaching such a positive, helpful, life-changing class!” –Amanda Robb

“No matter your age or those of your children, the tools presented in the Parents Toolshop are valuable, immediately applicable and can either offer or restore an incredible sense of peace to parenting.” – Caryn Caldwell

“This program has dramatically changed the way I interact with my children. I am enjoying them more and I no longer feel like we are engaged in daily battles. I’ve recommended this class to everyone I’ve spoke to about it!” – Rose Lounsbury

“I can't believe what simple changes can make such a big difference! I never those of these before, but once I learned them I said, 'Why didn't I think of that!' I saw changes and felt more confident the first week. Now I enjoy my children and being a parent again.” – Michele Schoen, Oakwood, Ohio

Completing this program, I notice feeling more at ease and relaxed in my parenting without the sense that I need to react immediately to all of my children’s behavior. My patience has improved because I have the confidence that I can respond appropriately or even better, direct, guide and prevent misbehavior. And best of all, I am enjoying being around my 3-year old again because so many of the daily battles have disappeared! – Elizabeth Wood, Oakwood, Ohio

REGISTER TODAY. [Seating is limited.](#)

On-line at: <http://register.parentstoolshop.com>

Mail/fax form: <http://www.parentstoolshop.com/HTML/TIPSRegister.pdf>

Call Parents Toolshop® Consulting at 937-748-4541