

T.I.P.S.: TOOLS FOR IMPROVING PARENTING SKILLS

EIGHT-WEEK CLASS AGENDA

Dates: Wednesdays, 4/9/08 to 6/4/2008, 6:30 – 8:30 p.m.

Where: Access For Youth, 1320 Woodman Dr. Directions at <http://tinyurl.com/39bj93>

Details of Weekly Topics at: <http://www.parentstoolshop.com/HTML/contents.htm>

SESSION	DATE	CHAPTERS
1	4/9/08	★ Chapter 1) Introduction & Overview ★ Chapter 2) Foundation-Building Toolset
		Prevent problems from starting or worsening
2	4/16/08	★ Chapter 3) The Universal Blueprint ★ Chapter 4) Self-Esteem Toolset
		NO CLASS
	4/23/08	
3	4/30/08	★ Chapter 5) Cooperation Toolset ★ Chapter 6) Independence Toolset
		Acknowledge Feelings
4	5/7/08	★ Chapter 7) F-A-X Listening Toolset ★ Chapter 8) Problem-Solving Toolset
		Set Limits or express concerns
5	5/14/08	★ Chapter 9) Keep Your Cool Toolset ★ Chapter 10) Clear Communication Toolset
		Redirect Misbehavior
6	5/21/08	★ Chapter 11) PU Toolset (Unintentional misbehavior) ★ Chapter 12) PO Toolset (“On purpose” misbehavior)
		Reveal Discipline
7	5/28/08	★ Chapter 12) PO Toolset (“On purpose” misbehavior) (continued) ★ Chapter 13) Discipline Toolset
		Maintain Progress
8	6/4/08	★ Chapter 14) Family Council Toolset ★ Chapter 15) Three C’s: <u>C</u> onsistency, handling <u>C</u> riticism, maintaining <u>C</u> onfidence ★ Turn in Parenting Skill Assessments, Evaluations and receive graduation certificate

There is *so* much in this book, we will not cover *all* of it. If you do the practice exercises at the end of each chapter it will *dramatically* improve how much you learn and how well you master the skills. Always give your answers before you read the answer key (which has some of the meatiest content).