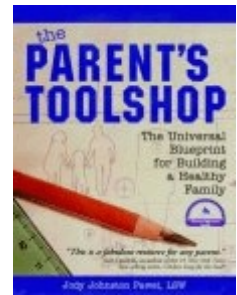


T.I.P.S.: Tools for Improving Parenting Skills (for Parents of Children ages 1-18)

Co-sponsored by Access For Youth

Read . . . Discuss . . . Do Fun Interactive Activities . . . Practice Skills
Get Support from Other Parents &
Personalized Advice from a Nationally-Recognized Parenting Expert



YOU WILL DISCOVER HOW TO . . .

- ✓ Reach Your Long-Term Parenting Goals by using a Balanced parenting style.
- ✓ Effectively Respond to Any Parenting Challenge by learning a simple problem-solving formula.
- ✓ Nurture Self-Esteem, not Self-Centeredness, while boosting children's resistance to peer pressure.
- ✓ Get Cooperation the First Time You Ask — without power struggles, bribes, tantrums or sass.
- ✓ Teach Children How to Solve Their Own Problems — independently & responsibly.
- ✓ Keep Your Cool and Help Children Calm Down with individualized stress/anger plans.
- ✓ Correct Children With as Little as One Word — without lectures, threats, guilt or blame.
- ✓ Understand Why Children Misbehave – and What to Do About It by asking 2 simple questions.
- ✓ Develop Self-Disciplined Children by following the “Four R’s” of effective discipline.
- ✓ Build Strong Family Bonds by involving children/teens in “family councils” that teach life skills.
- ✓ Parent as a Team so you and your parenting partners agree more often and are consistent.

When: 8 Wednesdays, 4/9/08 to 6/4/08 (no class 4/23), 6:30-8:30 p.m.

Where: Where: Access For Youth, 1320 Woodman Drive, Dayton, OH 45432
(directions at <http://tinyurl.com/39bj93>)

Cost: \$15/hr. for 16-hour program (\$240) + **The Parents Toolshop** book (\$25)

Discounts: 50% off spouses (register as a couple) and Toolshop® Graduates.
30% discount for CEU participants and Groups of 4+

To register: call 937-748-4541 or on-line at: <http://www.parentstoolshop.com/HTML/ClassRegister.htm>

Up to 16 CEUs for OH Social Workers, Counselors, MFTs, foster parents, Early Childhood Educators

Instructor: Jody Johnston Pawel, LSW, CFLE is a second-generation parent educator and president of Parent's Toolshop® Consulting. She is the author of 100+ resources for parents and family life professionals, including her award-winning book, **The Parent's Toolshop**. (See them at www.ParentsToolshop.com.) For over 25 years, Jody has trained parents and professionals through her dynamic presentations. As an internationally-recognized parenting expert, publications like **Parents** magazine and radio/TV talk shows regularly quote her advice. Jody currently serves as the online parenting expert for Cox Ohio Publishing's mom-to-mom websites and also serves on the Advisory Board of the National Effective Parenting Initiative.

“The Parents Toolshop is unique and different than other parenting programs because it presents a comprehensive plan. It doesn't tell me just **what** to do, but **how** to do it and in context with everything else. Applying the tools from just the first week had positive results! I am now responding instead of reacting. My son has noticed a difference — I am calmer, don't yell as much and we come to a solution to problems more quickly, with less friction and everyone is happier.” — Phil Jones